



Ultimate Coping Playlist

Make the perfect coping playlist to help you with all the emotions that come along with being Black in America.



ENTERTAINMENT

A song that stays stuck in your head when you hear it

A song you know all the words to

Your favorite song from a movie



REVIVAL

A song that represents empowerment

A song that you'd listen to fall asleep

A song that gets you hype



STRONG SENSATION

A song that reminds you of a good memory

A song that reminds you of someone you care about

A song that reminds you of someone who cares about you



RACIAL PRIDE

A song that makes you feel proud of your race

A song that encourages you to be who you are

A song that reminds you of your heritage



IT'S A VIBE

A song that matches your vibe when you feel anxious or worried

A song that matches your vibe when you feel annoyed or angry

A song that matches your vibe when you feel sad or afraid
